



**MIFWA**

# LGBTI CARER SUPPORT

**Are you LGBTI and providing ongoing support to a friend, partner or family member who lives with mental illness?**

Well Ways Building a Future is a 12 session education program designed to assist carers in maintaining their own wellness and support recovery of their family member or friend with mental illness.

We are seeking expressions of interest from those in the LGBTI communities that identify in the caring or support role for someone with mental illness, to participate in Well Ways Building a Future commencing in 2017.

To express your interest or for more information in this program please contact Trudy or Sam on 9237 8900 | [trudy.young@mifwa.org.au](mailto:trudy.young@mifwa.org.au) | [samantha.scott@mifwa.org.au](mailto:samantha.scott@mifwa.org.au)



well ways helping families & friends find better ways

This initiative is for carers living in the north metropolitan area.

Proudly supported by Commonwealth Respite & Carelink Centre managed by Independent Living Centre WA.

## MENTAL ILLNESS FELLOWSHIP OF WA

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